



Walking the South East Seasons with Nature in Mind

Walking the SE seasons with Nature in mind gives people the chance to contribute to environmental sustainability and experience the benefits of connecting to Country.

The program starts with Aboriginal Elders welcoming attendees to country and smoking each participant to prepare them for the program.

Participants learn about cultural artefacts and the Weaving the South East Seasons Aboriginal Calendar. Participants get their hands dirty assisting with environmental restoration projects and also go for a bush walk while experiencing the mental health benefits of nature. Aboriginal Elders connect back with the group throughout the program.

For more information contact Natural Resources South East, David New on 08 8735 1219 or david.new@sa.gov.au